

Pack 55 Camping Health & Safety Guidelines

Class 1 Medical Forms: A Class 1 Medical Form is required for each participant, regardless of age* (i.e., Cubs, Den Chiefs, siblings, parents, guardians). A medical examination is not required. Class 1 Medical Forms are available on the Pack 55 website, www.pack55.org, under the topic, "Forms".

Propane Safety: Never, ever use or store a propane cylinder, lantern or heater in your tent.

No Liquid Fuels: The use or storage of any liquid fuel (e.g., charcoal starter) and the use of liquid fueled devices (e.g., lanterns, stoves) are prohibited.

No Fires in Tents: Never use matches, lighters, candles, propane heaters, catalytic heaters, propane or gas lanterns, or other devices which produce a flame inside of a tent.

Campsite Fire Protection: Buckets of water and sand, together with a shovel should be kept near the campfire. The boys must be reminded these items are not for play.

Never Leave a Campfire Unattended: All campfires should be attended by at least one adult at all times. Campfires should be extinguished before bedding down for the night. Upon leaving the campsite, make sure the campfire is dead out.

Knives: Only Cubs in the Bear program (3rd grade and above who have successfully earned their "Whittling Chip" card may carry or use a pocketknife. Sheath knives are prohibited.* All activities involving the use or carrying of a pocketknife are to be supervised by an adult and preferably within the campsite or similar defined area.

Buddy System: No Cub should ever leave the campsite area, even to go to the latrine, without at least one "buddy" or his parent.

No Running within the Campsite. During daylight hours, find an open space to play soccer, Frisbee, etc. No running anywhere in the dark.

Footwear: No open toed shoes, sandals or bare feet in camp.

No Sticks and No Rock Throwing: At ages 6-10, many boys cannot resist the urge to pick up a long stick and swing, hit, poke jab or spar at or with each other. It is also hard for many boys to resist using rocks or stones as projectiles. The risk of injury to others is far outweighed by any utility of such conduct and the boy should be warned once, and asked to leave camp upon the second incident.

No Marshmallows on Sticks or Skewers.

No Sticks in the Fire: If a stick goes in the campfire, it should stay there.

No Trash or Man-made Materials in the Fire.

Two-Deep Leadership: Two registered adult leaders, or one registered adult leader and a parent of a participating Scout, one of whom must be at least 21 years of age, are required by BSA for all trips and outings.*

Safety Rule of Four: No fewer than four individuals (always with the minimum requirement of two adults), go on any hikes or campout.*

Youth in Tents: When staying in tents, no youth will stay in the tent of an adult other than his or her parent or adult legal guardian.* Sleepovers with other boys can be accomplished by pitching a tent just for the boys.

Vehicles: The beds of trucks or trailers must never be used for carrying passengers.*

Prohibited Items: Fireworks, firearms, BB guns, slingshots, axes, bow saws, hand axes, alcoholic beverages, illegal drugs and non-prescription controlled substances.*

Other Items to Leave at Home: Pets, toy guns, televisions, electronic games, radios, stereos, CD music players and DVD players.

Campsite Sanitation: Avoid washing dishes at spigots, food items or wrappers left in the campsite at night, and food items or wrappers stored in tents at night. Use of latrines, restrooms and portable toilets is to be encouraged.

*Denotes Guide to Safe Scouting and Age-Appropriate Guidelines for Scouting Activities, 2003 printing as source of information.

(rev. 03 Nov. 04)